

Veterans of Foreign Wars Auxiliary
Department of Wisconsin
Veteran and Family Support Bulletin
May/June 2025
www.wivfwaux.org



We accomplished a lot over the year. Continue to navigate the numerous programs for Veterans and Family Support presented throughout the year for ex., MFLO's, Military OneSource, VSO, TriCare, VA, etc. **May is Mental Health Awareness month** - navigate the system to find speakers for Veterans and their families, help find support for mental health care, PTSD, and suicide prevention and awareness and how to help families understand the signs and symptoms. Request resources in Power Point Presentation from Department Chairman Kathie. Notify day care centers for child support while veteran is receiving therapy, pay mental health copays for veterans. Offer transport to therapy sessions. **Remember: The Crisis Line Number:** <https://www.veteranscrisisline.net/> **Also carry the Veteran Resource Rack cards** which are available on National auxiliary site. This is crucial for the struggling veteran. Adopt one or more 2025 VFW Priority goals, also check out the following site for mental wellness <https://www.vfw.org/assistance/mental-wellness> Check out their needs with your local CVSO who also have a fund that help support those needs. **National PTSD Awareness Day => June 27, 2025** which brings awareness about issues related to PTSD. **Find resources here for PTSD** <https://www.hfotusa.org/top-ptsd-resources-for-military-veterans/>. Encourage open discussions with Veterans & Their Families. **Remember** Women veterans & their needs. **Check out the following:** *The Center for **Women's Veterans** at the following site <https://www.va.gov/womenvet/> for a plethora of programs, support, improved outcomes, and access to VA benefits, services, and opportunities for **women Veterans**. *If your county has a **County Human Services Department which supports mental health** for veterans. Donations are needed. *Operation Booty * If the National Guard in your area has family days and find out their needs and donate for assistance with child care, home care, etc., if deployed.

From our Roots to our Branches Extending Service to our Veterans as we are "Honoring Veterans Together"

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